

REVISION STRATEGIES

SIDES MAIN KEEP UP TO DATE BUILD CONNECTIONS Use highlighters STAY CALM ONLINE RESOURCES...... EAT WELL (HEALTHY) Nano revision techniques PACE YOURSELE FOCUS ON THE DETAIL..... STAY POSITIVE DESSERTS BUILD A REVISION ROUTINE READ THROUGH YOUR NOTES TAKE RESPONSIBILITY TEACH SOMEONE ELSE START FARIY ASK SOMEONE TO TEST YOU \Box GET ENOUGH SLEEP Reread your class-notes TAKE REGULAR BREAKS KEEP TRACK OF YOUR PROGRESS .. . KEEP UP TO DATE ASK TEACHERS FOR HELP TRY DIFFERENT REVISION METHODS.. FOCUS ON THE MARGINAL GAINS... DO REGULAR EXERCISE REWARD YOURSELF Persevere L



How to use this menu

HAVING A **REGULAR AND VARIED** DIET, KEEPS YOU HEALTHY. SO IT IS WITH REVISION.

- → EVERY DAY, PICK A STARTER, MAIN, DESSERT AND A SIDE DISH.
- → How many revision strategies can you tick in one week?







REVISION STRATEGIES

STARTERS
SET UP A TIDY DESK PLACE 🖵
SET PRIORITIES
DECIDE AT THE BEGINNING OF THE WEEK
What you are going to revise \dots \Box
USE EARPLUGS
FIND OUT THE EXAM FORMAT
Turn off
YOUR MOBILE PHONE 🖵
Remove tempting distractions \Box
Create a revision timetable
HAVE ALL EQUIPMENT READY
SET MANAGEABLE GOALS
MAIN
PRACTICE WRITING FOR A LONG TIME
PRACTICE TO ARGUE YOUR POINT
WORK THROUGH PAST PAPERS
ATTEND REVISION CLASSES
PRACTICE, PRACTICE
Break topics down into Junks
SHRINK AND
REWRITE YOUR NOTES

MAIN

REVISION CARDS		
USE 'LITTLE AND C	OFTEN'	
TEST YOURSELF		
MIND MAPS		
INCREASE YOUR R	EVISION TIME	
CONSOLIDATE KNO	OWLEDGE	
COVER AND REWR	ITE	
Use pictures		
Focus on what	YOU CAN'T DO	
COLOUR CODING		
POST-IT NOTES		
Make revision a	CTIVE	
MNEMONICS		
To do list		



