

World KITCHEN.

12 Apr 3 May, 24 May, 14 Jun, 5 Jul, 26 Jul,
16 Aug, 6 Sep, 27 Sep, 18 Oct

Aspens



WEEK ONE

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Carbonara

TRADITIONAL DISH

Whole Grain Penne,
Garlic Bread and
Green Salad

Roast Chicken and Stuffing Bap or Roast Chicken

Roasties,
Fresh Vegetables
and Gravy

Ancho Pork Burrito

Mexican Slaw
and
Corn Cobette

Battered Fish Dog

Chip Shop Curry
Sauce, Chips and
Mint Crushed Peas

Vegan

VEGGIE DISH

Whole Grain Penne,
Garlic Bread and
Green Salad

Spicy Bean Burger

Oven Baked
Paprika Wedges
and Ranch Slaw

Aubergine Parmigiana

Roasties,
Fresh Vegetables
and Gravy

Ancho Jackfruit Burrito

Mexican Slaw
and
Corn Cobette

Quorn Dog

Chip Shop Curry
Sauce, Chips and
Mint Crushed Peas

Our Hot Deli Range includes fresh dough pizzas, pasta & noodle pots, filled jacket spuds & paninis hot chicken wraps, wings & loaded wedges. We rotate our range throughout the week.

Hot DELI.

Peach
Melba
Traybake

Sweet
Potato
Brownie

Carrot and
Pineapple
Muffin

Mexican
Chocolate
Pudding

Yoghurt,
Granola and
Peaches

DELICIOUS DESSERTS



World KITCHEN.

19 Apr, 10 May, 31 May, 21 Jun, 12 Jul,
2 Aug, 23 Aug, 13 Sep, 4 Oct

Aspens


WEEK TWO

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

TRADITIONAL DISH

Meatball Marinara

Whole Grain Fusilli,
Garlic Bread and
Green Salad

Pomegranate Chicken

Jewelled Couscous,
and Citrus Salad

Toad in the Hole Yorkshire Wrap or Roast Pork

Roasties,
Fresh Vegetables
and Gravy

Chicken Kathi Roll

Turmeric Rice,
Coconut and
Chickpea Salad

Fiery Battered Fish

Homemade Tartare,
Chips and
Peas

VEGGIE DISH



Quorn Meatball Marinara

Whole Grain Fusilli,
Garlic Bread and
Green Salad

Potato and Spinach Frittata

Roasties,
Fresh Vegetables
and Gravy

Rajasthan Watermelon Curry

Turmeric Rice,
Coconut and
Chickpea Salad

Cheesy Baked Bean Wrap

Chips and
Peas

Our Hot Deli Range includes fresh dough pizzas, pasta & noodle pots, filled jacket spuds & paninis
hot chicken wraps, wings & loaded wedges. We rotate our range throughout the week.

Hot DELI.

DELICIOUS DESSERTS

Apple Brown Betty

Polenta Cake

Mango and Coconut Slice

Cream

Indian Kulfi Ice Cream

Mousse Pot

Frozen Banana Mousse Pot

World KITCHEN.

26 Apr, 17 May, 7 Jun, 28 Jun, 19 Jul,
9 Aug, 30 Aug, 20 Sep, 11 Oct

Aspens


WEEK THREE

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Beef Chili

Firecracker Rice,
Salsa and Guac

Chicken

Shawarma
Khobez
Fattoush Salad

Roast Gammon

**Baguette or
Roast Gammon**
Roasties,
Fresh Vegetables
and Gravy

Chicken

Chow Mein
Five Spice Cauli
Bites

Fish Finger

Sandwich
Salmon or Pollock,
Homemade Tartare,
Chips and
Mushy Peas

TRADITIONAL DISH

Vegan Chili

Firecracker Rice,
Salsa and Guac

Chicken Style

Pitta Kebab
Fattoush Salad

Smoked Cheese and Onion Slice

Roasties,
Fresh Vegetables

Teriyaki Tofu

Noodles
Five Spice Cauli
Bites

Vegan Sausage

Roll
Chips and
Mushy Peas

VEGGIE DISH



Hot·DELI.

Our Hot Deli Range includes fresh dough pizzas, pasta & noodle pots, filled jacket spuds & paninis hot chicken wraps, wings & loaded wedges. We rotate our range throughout the week.

DELICIOUS DESSERTS

**Chocolate
Cornflake Crispy**

**Tutti Frutti Sponge
and Custard**

**Oaty Apple
Crunch**

**Caramelised
Bananas and
Toffee Sauce**

**Lemon and
Sultana
Cookie**