

5 February 2021

Dear Parents / Carers

Spring Term Cooking Competition

The Design and Technology department are delighted to announce the launch of the Spring term Cooking Competition.

The competition is open to **all students from all year groups** and the challenge is as follows...

Cook and present a sweet or savoury dish linked to at least one of the eight tips for healthy eating.

In the autumn term, our competition was very successful with students from all age groups engaging and producing excellent results. As with the previous competition, there is an emphasis on not only engagement and enjoyment, but also on improving the understanding of healthy eating principles. The competition also provides an excellent opportunity for students to enjoy working on a practical task and a chance to get away from their computer screens.

The eight tips for healthy eating will be explained and shared with all students via an introductory Loom presentation to be emailed soon. They can also be found with ease online. The deadline for submission of photographic evidence will be 3pm on Saturday 6th March. Winners will be chosen from each key stage and the judging criteria will include how well the dish suits the healthy tips, the level of skill demonstrated and the presentation. Further detail on judging criteria and instructions will be highlighted in the forthcoming Loom video.

As the health and safety and wellbeing of our students is always paramount, the students must be supervised by a responsible adult at all times. Health and safety guidance will be shared with the students before the competition to ensure that they have a basic understanding of how to work safely and hygienically. Students can enter as many times as they wish at any time before the final deadline and prizes will be awarded to our eventual winners.

We look forward to having the pleasure of judging the highly anticipated entries!

Yours sincerely

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