



Year 8 Update

06/02/2026

It has been another strong week for Year 8, with students continuing to show good focus in lessons and a growing sense of maturity around the school. Staff have been pleased with how well many students are engaging with their learning and routines.

This week's assembly covered two important topics linked to students' long-term health and wellbeing. We spoke about how regular exercise, a balanced diet, and good-quality sleep can significantly reduce the risk of serious health conditions later in life, including heart disease. We also addressed the risks associated with vaping and smoking, as this is an issue both within the school and nationally. Students were reminded that:

- A single vape pod can contain as much nicotine as around 20 cigarettes
- Vaping can damage developing lungs and expose the body to harmful heavy metals
- People who vape are significantly more likely to suffer heart-related problems
- Heavy nicotine use during adolescence can have a lasting impact on brain development

Students were encouraged to think critically about peer pressure and the long-term consequences of these choices. We would really appreciate your support in continuing these conversations at home.

This morning's assembly was led by our Sixth Form students, who delivered an engaging session linking all their subjects to films and popular culture. The slides from this assembly have been shared on your child's Google Classroom.

Thank you for your continued support. We look forward to another positive week ahead.

Enrichment Options Brochure

[Brochure](#) I have now attached the options form to your child's tutor group Google Classroom. When selecting options, please access your child's Google Classroom with them and complete the Google Form together with your child, using their school email address, as parents will not be able to submit a response.

Safeguarding Snapshot

This week's safeguarding snapshot contains information regarding child exploitation. Please [click here](#) for further information.

Support Staff Vacancies

Please [click here](#) for a list of support staff vacancies across the VLT sites.

Kind regards,

Mr Abraham
Year 8 Leader

Spring Term Key Dates

Friday 13 th February	Year 8 reports issued
Monday 16th to Friday 20th February - Half Term	
Friday 27 th February	Year 8 enrichment options form deadline
Wed 4 th , Thur 5 th & Fri 6 th March	School Production
Friday 27th March	End of Spring Term (3pm finish)

Summer Term Key Dates

Monday 13th April	Start of Summer Term
Thursday 14 th May	Year 8 parent consultation evening (online)
Monday 25th to Friday 29th May – Half Term	
Monday 15 th June	Student Photos - Y8, Y9, Y10
Wednesday 24 th June	Sports Day (year groups tbc)
Thursday 25 th June	Sports Day (year groups tbc)
Friday 26th June	Inset Day (school closed to students)
Friday 3 rd July	Year 8 reports issued
w/c Monday 13 th July	Silver awards assemblies – Years 7, 8, 9 and 10
Friday 17th July	End of Summer Term (12.20pm finish)