

What to watch

1. Loving Vincent- film painted by over 100 artists about Van Gogh's short life
2. Portrait /landscape Artist of the year - There is a 4 hour challenge amazing variety of work - Sky Arts (you don't have to have Sky to watch it)
3. Painting challenge - BBC 2 a group of people compete each week to win interesting activities
4. YouTube - tonnes of fantastic tutorials about how to do anything in Art

Hands on

There are many free Art workshops or some with a small fee

1. CASS art do many good paid for ones
2. National portrait Gallery have free drop in workshops
3. Tate Modern has free workshops
4. Many universities do free day courses - a great way to sample a place

What to visit

London is on your doorstep with hundreds of museums and galleries- most are free but some charge always check

1. Pitzhanger Manor Gallery - Anish Kapoor
(free under 18 - Ealing)
2. Tate Britain - has an amazing free permanent collection
3. Soon to open BP prize at the National Portrait Gallery - A must for those you paint people

Discover

Art is often inspired from the world around the more you connect to it the more ideas you have

Who is Banksy?

Why is twins7-7 called this?

What made Fridha Kahlo start painting?

Which artist has done the most self portraits?

Be inquisitive- what issues are affecting your life?