

Psychology super curriculum

The British Psychological Society website (BPS) is below. This is the main Psychological organisation for regulating and maintaining the discipline in the UK and full of lots of interesting and exciting links from the latest research to becoming a Psychologist.

<https://www.bps.org.uk/>

Books and articles

Emotional Intelligence by Daniel Goleman

Blink: The Power of Thinking Without Thinking by Malcolm Gladwell

Outliers by Malcolm Gladwell

The Tipping Point by Malcolm Gladwell

The Man Who Mistook His Wife for a Hat by Oliver Sacks

The Lucifer Effect by Philip Zimbardo

Games People Play by Eric Berne

On Becoming a Person: A Therapist's View of Psychotherapy by Carl Rogers

Psychology -Influence: Science and Practice by Robert Cialdini

Thinking, Fast and Slow by Daniel Kahneman

Stumbling on Happiness by Daniel Gilbert

The 7 Habits of Highly Effective People by Stephen Covey

Man Meets Dog by Konrad Lorenz

On Aggression by Konrad Lorenz

The Natural Science of the Human Species: An Introduction to Comparative Behavioral Research by Konrad Lorenz

Motivation of Human and Animal Behavior: An Ethological View by Konrad Lorenz

<https://www.quora.com/How-is-psychology-used-to-manipulate-and-influence-people-in-their-daily-lives> (link Unit 1)

<https://www.quora.com/What-are-some-mind-blowing-facts-about-social-psychology> (link Unit 1)

Try a visit to this [Virtual Psychology museum!](#)

You can sit back in your own front room with a cuppa and enjoy the fascinating video, talks and exhibitions. Also lots of interesting advice about what the various branches of Psychology and Psychologists actually do in their career.

<http://psychmuseum.uwgb.org/>

podcasts

In this podcast from NPR, host Shankar Vedantam mixes storytelling and science to the patterns and biases that often direct behavior. Episodes focus on a range of topics, including how outrage influences communication, how language develops, and how the fear of death influences behaviour.

<https://www.npr.org/series/423302056/hidden-brain>

A collection of podcasts from Christopher D. Green, professor of Psychology at York University in Toronto, Canada including interview discussions and review. Though they're from 2006-2007, each

25-minute episode includes an interview with an expert about a specific happening that occurred in the history of psychology (linked to syllabus Unit 1, 2 and 3)

<http://www.yorku.ca/christo/podcasts/>

A variety of podcasts exploring different issues surrounding the limits and potential of the human mind. Including a contemporary one about memory during lockdown

<https://www.bbc.co.uk/programmes/b006qxx9/episodes/downloads>

Social Psychology Zimbardo Prison experiment Social Psychology Unit 1

For years, the **Stanford Prison Study** has been used to tout the idea that putting any individual in a position of absolute control brings out the worst in them (and in a more general sense, that people conform to the roles they're placed in). Is there good and evil in all of us?

<https://thepsychfiles.com/2020/05/when-good-people-do-bad-things/>

Claudia Hammond examines the Hierarchy of Needs, part of psychologist Abraham Maslow's theory of motivation: only when basic needs are met can humans aspire to higher achievements

<https://www.bbc.co.uk/programmes/b01rw8mw>

Parts of the brain (biopsychology Unit 2 and 3)

Memorize the parts of the brain – and many other key Psychology terms with mnemonic memory devices,

<https://thepsychfiles.com/2008/09/episode-72-video-memorize-the-parts-of-the-brain/>

and we have to look at cats! The Psychology of cat attachment (link to Unit 1 Attachment)

<https://thepsychfiles.com/2020/05/cats-not-as-alooof-as-we-think/>

How the mind and personality work- these are about cognitive function and the value in deconstructing your narratives . If you like this you can also research 'mirror neurons' !

<https://personalityhacker.com/ph-podcast/>

Places to visit in London

Freud museum: <https://www.freud.org.uk/>

Body worlds (biological and neuropsychology) <https://bodyworlds.co.uk/>

Bethlem Hospital museum of the mind <https://museumofthemind.org.uk/>

Psychoanalysis <https://psychoanalysis.org.uk/>

Natural history museum - Evolution and bio psychology <https://www.nhm.ac.uk/>

The Royal Society of Medicine <https://www.rsm.ac.uk/>

Science Museum <https://www.sciencemuseum.org.uk/>

Films, TV shows & clips (many on Netflix)

<https://charlierose.com/collections/3> cognitive neuroscience (linked to unit 2 and 3)

<https://topdocumentaryfilms.com/category/psychology/> (links to various unit in year 1 and 2)

<https://topdocumentaryfilms.com/alone-past/> (links to Unit 2 and 3)

<https://topdocumentaryfilms.com/mystical-brain/> (Unit 2 &3)

<https://topdocumentaryfilms.com/reality-extended-mind/> (Unit 1 & 2 &3)

The Imposter (link Unit 2 and 3)

The Sinner (Unit 2 and 3)

Wild Wild country(Unit 1 2 and 3)

Food inc. (Unit 1 and 2)

A Beautiful Mind (unit 3)

50 first dates (unit 1)

Before I go to sleep (unit 1)

Memento (unit 1)

Split (Unit 2 & 3)

Eternal sunshine of the spotless mind (unit 1 &3)

The Stanford prison experiment (Unit 1)

The Giver (unit 1 and 2)

Amnesiac (Unit 1)

12 Angry men (Unit 1)

Identity (Unit 2 and 3)

Fracture (Unit 2 and 3)

Instinct (Unit 2)

Red Dragon (Unit 2)