

Throughout the next two years, you will be thinking about the specific qualities and skills that you will need when you leave at the end of Year 13. For some of you, this may be going to university and for others it may be accessing an Apprenticeship or starting employment. Either way, you have all applied for and decided to come to Vyners Sixth Form. These tasks are designed to get you thinking about your overall goal.

Task 1 - Can you answer these questions? (If you can't, it's OK)

1. Do you know what you want to achieve in sixth form?
2. Why are you studying A Levels?
3. What grades would you like to achieve in your A Levels?
4. What career are you interested in?

Task 2 - Your 21st Birthday

Imagine it's your 21st birthday. You need to picture an unusual 21st birthday at which your family and friends stand up and describe the type of person that you are for them. These are the personal values that are most important to you in each of the different areas.

Think about the following questions and jot down some answers somewhere that you will be able to access in the first week back.

1. What would you like your friends to say about you? What qualities would you like them to admire in you.
2. How would you like to be described by future colleagues?
3. When they list your achievements so far (both academic and personal), what do you want them to be?
4. When they describe all the things you are still going to do, and the hopes they have for your future, what will they say?

Place a picture of the university you want to attend on the inside of one of your folders so you see it every time you open that folder. This will remind you of your goal and give you a focus every day!

Have positive /inspirational quotes posted in key locations that will catch your eye and give you a motivation boost to stay on track with your homework, etc.

Put a photo of your chosen career or a person you admire and would like to emulate in your own life where it will be a frequent reminder of your goals.

Can you think of other ways you can create visual reminders and prompts that would work for you? Examples might be a "mood board" or your choice of music to play at the start of the day or after a hard day at school?

