

Striving for Excellence

# Welcome to the PE Department



Sixth Form PE Staff:

- Mr Hall, Subject Leader
- Miss Powick, Deputy Subject Leader
- Mr Neville, Year 9 Leader
- Mrs Bashford-Hynes, Assistant Head
- Miss Hawes, Year 7 Leader
- Mr Cawley, Deputy Year 11 Leader



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# **Our Key Stage 5 Curriculum**



In the 6th Form we continue our broad offer of academic courses offering two courses for students to study.

#### **Courses offered -**

It's been great to learn the science and psychology underpinning sport and has opened the door to a degree and career in sport!

- Year 13 Student

A Level PE

OCR Technicals in Sport and Physical Activity



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# **A-Level PE**

"Our A Level in Physical Education develops knowledge, understanding and skills relevant to physical education. Students gain understanding of the scientific and socio-cultural factors that physical underpin activity, and demonstrate their ability as either performer or coach. This qualification is filled with a range of content across the sporting spectrum developing individuals knowledge in preparation for a possible career in teaching, sports medicine, coaching, strength nutrition. and conditioning to name a few."



#### ENTRY REQUIREMENTS

2 x Grade 6+ in Science, 6+ in English, 6+ GCSE PE

#### **COURSE CONTENT**

Physiological factors affecting performance Psychological factors affecting performance Socio-cultural issues in physical activity and sport Performance in Physical Education

#### ASSESSMENT

Written exams - set and marked by OCR (4 unit exams) Physiological factors affecting performance— 2 Hour Exam Psychological factors affecting performance— 1 Hour Socio-cultural issues in physical activity and sport—1 Hour Exam Performance in Sport - Practically Assessed



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# **Sports Studies**

#### **COURSE AIM**

A level 3 qualification for post - 16 learners who want to achieve their potential and progress to the next stage of their lives whether it be in higher education, an apprenticeship or employment. It aims to develop students' knowledge, understanding and skills of the principles of sport and physical activity to a wide range of participants.

#### CONTENT

- · Body Systems and the Effects of Physical Activity
- · Sports Coaching and Activity Leadership
- · Sports Organisation and Development
- · Working Safely in Sport, Exercise, Health and Leisure
- $\cdot$  Organisation of Sports Events
- Physical Activity for Specific Groups
- · Sports Injuries and Rehabilitation
- · Practical Skills in Sport and Physical Activities
- · Performance Analysis in Sport and Exercise
- · Nutrition and Diet in Sport and Exercise
- · Health and Fitness Testing for Sport and Exercise
- · The Business of Sport
- · Sport and Exercise Psychology
- $\cdot$  Sport and Exercise Sociology

#### ENTRY REQUIREMENTS

Oxford Cambridge and RSA

Two Grade 4 in Combined Science and Grade 4 in English

Two Grade 4 in Triple Science and Grade 4 in English

#### **COURSE BALANCE**

- 3 x External Examinations
- 8 x Coursework based Units



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# **Our Co-curricular Offer**

# Students are invited to join a wide range of activities there is something for everyone:

Trampolining, football, rugby, netball, basketball, badminton, table tennis, gymnastics, hockey, cross country are just a few of the activities we offer!

#### Past trips have included:

Paris Netball tour, Canada Rugby tour, Austria Ski trip, Valkenberg Football tour





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# Questions

Please email Mr Hall - <u>thall@vynersschool.org.uk</u> with any questions you have.

Please refer to your 6th form brochure for entry requirements and course content.



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# We look forward to meeting you in September 2022!