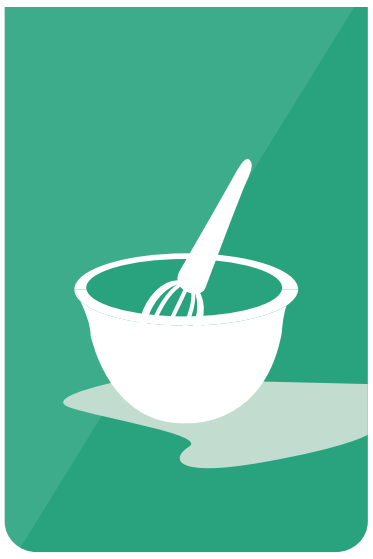

READING IN FOOD & NUTRITION

Disciplinary literacy is defined as the confluence of content knowledge, experiences, and skills merged with the ability to read, write, listen, speak, think critically and perform in a way that is meaningful within the context of a given field.

CULTURAL CAPITAL

By reading about current affairs relating to food and nutrition, students are able to deepen their knowledge and understanding around the subject:

- **Use reading as a way to make connections and understand real world issues relating to food and nutrition**
- **Read non-fiction critically. Pay attention to the source and reliability**
- **Summarise and synthesise ideas.**

- NEWS ARTICLES
- OPINION PIECES
- DOCUMENTARIES

SUMMARISING · MAKING CONNECTIONS · SYNTHESISING

RECIPES

Food and Nutrition is centred around reading, interpreting, adjusting and creating recipes.

Recipes are structured in a way which is unique to many other texts and contain complex terminology, abbreviated words and measurements which a student needs to comprehend before they are able to make a recipe come to life or create their own:

- **Pay attention to detail and think sequentially. Read closely and carefully**
- **Pay close attention to and make meaning from every word, symbol and number**
- **Apply previously learned concepts and processes to make connections**
- **Decipher vocabulary necessary for understanding.**

- COOKERY BOOKS
- BLOGS
- RECIPES
- COOKERY SHOWS/ DEMONSTRATIONS

ASKING QUESTIONS · MAKING CONNECTIONS · CLOSE READING

INSTRUCTION

Alongside a recipe, students must learn to follow, interpret and adjust instructions in order to produce an outcome or write their own instructions.

This includes instructions around recipes but also kitchen appliances. By learning how to accurately read and follow instructions, students will be able to apply this to practical lessons and the wider world:

- **Pay attention to detail and think sequentially. Read closely and carefully**
- **Apply previously learned concepts and processes**
- **Decipher vocabulary necessary for understanding.**

- COOKERY BOOKS
- BLOGS
- RECIPES
- COOKERY SHOWS / DEMOS
- INSTRUCTION MANUALS

CLOSE READING · MAKING CONNECTIONS · SYNTHESISING

SCIENCE

A key factor is being able to decipher scientific concepts/texts in relation to food and nutrition. It's important that students learn to read like scientists in order to access and comprehend technical information:

DISTINCTIVE FEATURES

- **Texts are typically concept and idea dense**
- **Letters and numbers (H_20) have unique meanings**
- **Numbers maybe uninterpretable without unit labels (grams etc)**
- **Many technical terms contain Latin or Greek roots that not only reveal meaning but help to enable scientific classifications**
- **Many visual representations (e.g. graphs/charts)**
- **Analysis of procedures/performances.**

DEMANDS AND STRATEGIES

- **Close reading and re-reading**
- **Question reasoning and conclusions**
- **Pay attention to detail and numbers**
- **Analyse key words and word parts for identification and classification purposes**
- **Chart, illustrate and graph data and conclusions**
- **Use scientific (and sometimes mathematical) text features to make meaning.**

DISCIPLINARY LITERACY